

Course Title	Leading Through Uncertain Times
Overview	Uncertainty and change lead to feelings of discomfort, stress, and anxiety for managers/leaders and consequently for their team members. For many, a lack of confidence in how best to support their people and communicate the challenges ahead, tend to create a vacuum, within which unease and concern prosper. This course invites participants to explore the modern working landscape and to consider how they navigate it personally and as a leader, supporting their teams to a more positive and productive journey through change and uncertainty.
Audience	Suitable for leaders/managers/supervisers
Capacity	Approximately 12 - 16
Duration	Available as either a half day or full day (recommended) session
Mode of delivery	Face to face
Learning Outcomes	 Delegates will be able to: Discuss the qualities possessed by excellent leaders and the implications of those characteristics for their approach Identify how volatility, uncertainty, complexity and ambiguity may affect their people and whether there are steps they can take to reduce the impact of these issues Explain the tenets of wellbeing in the workplace, and the supporting culture required to help people flourish, even in challenging environments Create an initial plan to improve wellbeing at work for themselves and their people, transferring their learning to the workplace
Additional Information	Course content and focus can be tailored to individual needs and preferred duration.
Category	Business Skills