

Course Title	Leading Through Uncertain Times
Overview	Uncertainty and change lead to feelings of discomfort, stress, and anxiety for managers/leaders and consequently for their team members. For many, a lack of confidence in how best to support their people and communicate the challenges ahead, tend to create a vacuum, within which unease and concern prosper. This course invites participants to explore the modern working landscape and to consider how they navigate it personally and as a leader, supporting their teams to a more positive and productive journey through change and uncertainty.
Audience	Suitable for leaders/managers/supervisers
Capacity	Approximately 12 - 16
Duration	Available as either a half day or full day (recommended) session
Mode of delivery	Face to face
Learning Outcomes	<ul> <li>Delegates will be able to:</li> <li>Discuss the qualities possessed by excellent leaders and the implications of those characteristics for their approach</li> <li>Identify how volatility, uncertainty, complexity and ambiguity may affect their people and whether there are steps they can take to reduce the impact of these issues</li> <li>Explain the tenets of wellbeing in the workplace, and the supporting culture required to help people flourish, even in challenging environments</li> <li>Create an initial plan to improve wellbeing at work for themselves and their people, transferring their learning to the workplace</li> </ul>
Additional Information	Course content and focus can be tailored to individual needs and preferred duration.
Category	Business Skills